Standalone 2019

On-Island Activity List

**Monday 8th July 2019**

**Arts and Crafts – In school – Ms Mellors- £2 (Monday) (only 20 places available)**

*Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you .*

**Baking Fun – Mrs Davies – £10 (Monday) (only 15 places available)**

*Make baking fun!  We are going to chill out and make some tasty treats including sticky cinnamon swirls, gooey chocolate brownies and oaty cookies.*

**Bowling/Laserblast – Mr Corrin & Mr Dewick - £15 (Monday) (60 places)**

*You will start with bowling in Ramsey followed by a tram ride then Shoot ‘Em Up session at Laserblast in Douglas.*

**Calf Boat Trip – Mr Judd - £24 (Monday) (10 places)**

*A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, rissos dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing.*

**Fly fishing – Mr Eyres– No cost (Monday) (6 places ONLY) (yr. 7 & 8)**

*There is only space for 6 students so get in quickly. There will be some casting lessons in the morning and then we will travel to the reservoir for a spot of fishing and return to school at the end of the day. Students will need a packed lunch. In order for this to be a free activity students will have to be from Yr. 7 and 8 (as they get a free fishing licence.)*

**Girls’ Day – Mrs Rousseau– £5 (Monday) - (maximum of 16 places)**

*Calling all girls - fancy a day’s pampering? Make up and nail painting demonstrations followed by a chance to have a go yourself. Also hand massage. Sound good? Just bring some nail varnish, make-up and your packed lunch!*

**Horrible Histories meets Eastenders – Mrs Macken & Miss Tedds – no cost (Monday) (only 20 places)**

*Journey through time creating funny and dramatic spaces, costumes and scripts! Dress up and be creative!!!*

**Make a Play in a Day – Mrs Dunne – No cost (Monday) (15 places)**

*In one day you will have the opportunity to devise and create a play which you will perform at the end of the day. The day will be split up into games and devising, making characters and dialogue, staging and rehearsing and performing, which will be videoed, then watching it back.*

**Murder, Mystery & Mayhem – Miss Naish & Mr Bolton – £5 per day (Monday) (only 20 places available and you shouldn’t opt for this if you did it last year)**

*How would you like to be Sherlock Holmes for the day? This is an exciting day full of problem solving, activities and FUN.*

**Newsdesk – Mr Bonner & Niamh Macken – no cost (Monday) (only 20 places available**

*Be a journalist, editor, designer or paparazzi for the day! Find out what’s going on around school and report the breaking news!!*

**Sports Camp –– Mr Keenan - No cost - (Monday) (40 places)**

*Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.*

**Venture Centre 1 – Mr Radford – £24 (Monday) (only 24 places available)**

*Have fun with the Venture Centre. A selection of different outdoor pursuits. Try some of the activities you’ve always wanted to do. Please bring appropriate clothing for the weather conditions and a full change of clothes including a towel and shoes which may get wet and muddy. Bring a packed lunch.*

**Yoga, Wellbeing & Mindfulness – Mrs Corrin – no cost (Monday) (only 12 places available)**

*Look after yourself. Spend the day learning and enjoying activities for the mind, body and soul.*

**TUESDAY 9th July 2019**

**Ardwhallan - Sea Safari – Mr Radford - £24 (Tuesday) (12 places)**

*A whole day spent on the water exploring some secret coves by rafted canoe, the location will be decided on the day as best to suit the weather for our experience. We will pick you up from your school and set out our adventure, making choices together to best fit our objective.*

**Arts and Crafts – In school – Ms Mellors- £2 (Tuesday) (only 20 places available)**

*Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you .*

**Calf Boat Trip – Mr Judd - £24 (Tuesday) (10 places)**

 *A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, rissos dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing.*

**Gaming – Mr Corrin – No cost (Tuesday (20 places)**

*Fun Board games, chess, jigsaw and console competition*

**Horrible Histories meets Eastenders – Mrs Macken & Miss Tedds – no cost (Tuesday) (only 20 places)**

*Day 2 of the activity described above*

**Hot Rocks Climbing – (Mrs Eyres) – £15 (Tuesday) (only 15 places available)**

*Fantastic day at Hot Rocks in Douglas with numerous activities including roped climbing, Belaying, Bouldering, Spotting and Rope Traverse.*

**Just Sew - Mrs ten Donkelaar – (free activity) (Tuesday) (only 12 places available)**

*Spend a relaxing day* making a small, decorative felt ornament.

*All materials will be provided, but feel free to bring any decorative items you may want to include.*

**Make a Play in a Day – Mrs Dunne – No cost (Tuesday) (15 places)**

*In one day you will have the opportunity to devise and create a play which you will perform at the end of the day. The day will be split up into games and devising, making characters and dialogue, staging and rehearsing and performing, which will be videoed, then watching it back.*

**Movie Day – Mrs Kneen - No cost (Tuesday) (20 places)**

*Fun film sessions, followed by a team quiz /skills challenge.*

**Murder, Mystery & Mayhem – Miss Naish & Mr Bolton – £5 per day (Tuesday) (only 20 places available and you shouldn’t opt for this if you did it last year)**

*How would you like to be Sherlock Homes for the day? This is an exciting day full of problem solving, activities and FUN.*

**Newsdesk – Mr Bonner & Niamh Macken – no cost (Tuesday) (only 20 places available)**

*Be a journalist, editor, designer or paparazzi for the day! Find out what’s going on around school and report the breaking news!!*

**Snaefell Descent – Mr Mortimer (Tuesday) (20 places) - £3 - (Bring your lunch and plenty to drink)**

*Enjoy the beauty of our island with the Walk from Snaefell. Starting the day with a sausage butty and a bus ride to Laxey to catch the Tram to Snaefell Summit. After a brief stop on the summit to take in the view we head down to the Black Hut and then up onto the North Barrule ridge. Walking along the ridge to North Barrule we head back into Ramsey via Ballure Reservoir and then Crossags and into RGS. A total of almost 8 miles with 1200ft of ascent and 3200ft of descent. Bring water and a packed lunch*

**Sports Camp –– No cost - (Tuesday) (40 places)**

*Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.*

**Tynwald and the Manx Museum – Mr Davies – no cost (Tuesday) (only 20 places available)**

*A fascinating insight into the Tynwald Court and activities based around the Manx Museum*

**Wildlife Park – Mr Dewick - £5 - (Tuesday) (40 places)**

*An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park - beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring packed lunch although there is a shop on site. The walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.*

**WEDNESDAY 10th July 2019**

**Afternoon tea day – Mrs Teare - £5 (Wednesday) (15 places)**

Bake and make your own afternoon tea to eat, after tidying up there will be time to play a game or watch a DVD

**Ardwhallan - Rock World – Mr Radford - £24 (Wednesday) (12 places)**

*Spend the day climbing up, down and across rock faces in some of the most spectacular locations that the island has to offer. We will not just look at the physical side of this sport but also the technical side such as knot tying, gear placement, and pitch choice. Bring a packed lunch.*

**Arts and Crafts – Ms Mellors- £2 (Wednesday) (only 20 places available)**

*Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you .*

**Bowling/Laserblast – Mr Corrin & Mr Dewick - £15 (Wednesday) (60 places)**

*Start with bowling in Ramsey followed by a tram ride then Shoot ‘Em Up session at Laserblast in Douglas.*

**Calf Boat Trip – Dr Armstrong - £24 (Wednesday) (10 places)**

 *A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, rissos dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing.*

**Crazy for Cards – Mrs ten Donkelaar– no cost (Wednesday) (only 20 places available)**

*Spend the morning making card-shaped biscuits and the afternoon playing a variety of fun card games while eating said biscuits!*

**Exit Strategy – Mrs Henery – £25 (Wednesday) (only 45 places available)**

*The activity will take place at the Exit Strategy in Douglas.*

*This is an exciting activity that has come to the Isle of Man. You will attempt to escape from two of the rooms during the activity by completing different challenges and solving clues.  You will be required to bring a packed lunch on this activity.*

**Hot Rocks Climbing – Mrs Eyres – £15 (Wednesday) (only 15 places available)**

*Fantastic day at Hot Rocks in Douglas with numerous activities including roped climbing, Belaying, Bouldering, Spotting and Rope Traverse.*

**Movie Day – Mrs Kneen - No cost (Wednesday) (20 places)**

*Fun film sessions, followed by a team quiz /skills challenge*

**Murder, Mystery & Mayhem – Miss Naish & Mr Bolton – £5 per day (Wednesday) (only 20 places available and you shouldn’t opt for this if you did it last year)**

*How would you like to be Sherlock Holmes for the day? This is an exciting day full of problem solving, activities and FUN.*

**Newsdesk – Mr Bonner & Niamh Macken – no cost (Wednesday) (only 20 places available)**

*Be a journalist, editor, designer or paparazzi for the day! Find out what’s going on around school and report the breaking news!!*

**Pottery Painting at Craftworks in Castletown - Mrs Davies – £15 (Wednesday) (only 12 places)**

*We are going to catch the bus to Castletown, an adventure in itself!! Paint a piece of pottery of your choice, bring a packed lunched & snacks to eat whilst we are being creative and then catch the bus back.  A thoroughly relaxing day out with your creative friends*

**Sports Camp –– No cost - (Wednesday) (40 places)**

*Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.*

**THURSDAY 11th July 2019**

**Ardwhallan - Coasteer 360⁰ – Mr Radford - £24 (Thursday) (12 places)**

*Yes a whole day of Coasteering, we will try to visit more than 3 locations around the island that offer different experiences from sea caves, jumps and wild swims. We will supply all the kit you will need. Bring lunch and a sense of adventure.*

**Arts and Crafts – Ms Mellors- £2 (Thursday) (only 20 places available)**

*Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you .*

**Calf Boat Trip – Dr Armstrong - £24 (Thursday) (10 places)**

 *A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, rissos dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing.*

**Cook a 3 course meal for under a Fiver – Mrs Davies – £5 (Thursday) (12 places)**

*During the day you will have the opportunity to cook a 3 course meal and then eat it at lunch time. Menu choices will include homemade pizza, homemade sponge pudding and custard. Students will calculate the cost of the meal and prepare the meal throughout the day.*

**Exit Strategy – Mrs Henery – £25 (Thursday) (only 45 places available)**

*The activity will take place at the Exit Strategy in Douglas.*

*This is an exciting activity that has come to the Isle of Man. You will attempt to escape from two of the rooms during the activity by completing different challenges and solving clues.  You will be required to bring a packed lunch on this activity.*

**Fly fishing – Mr Eyres– No cost (Thursday) (6 places only) (Yr 7 & 8)**

*There is only space for 6 students so get in quickly. There will be some casting lessons in the morning and then we will walk to the reservoir for a spot of fishing and return to school at the end of the day. Students will need a packed lunch. In order to this to be a free activity students will have to be from yr. 7 and 8 (as they get a free fishing licence.)*

**Gaming – Mr Dewick – No cost (Thursday) (20 places)**

*Board games, chess, jigsaw and console competition*

**Girls’ Day – Miss Teare– £5 (Thursday) (maximum of 16 places)**

*Calling all girls - fancy a day’s pampering? Make up and nail painting demonstrations followed by time to have a go yourself. Also hand massage and hot wax hand treatment. Sound good? Just bring some nail varnish, make-up and your packed lunch!*

**Movie Day – Mrs Kneen - No cost (Thursday) (20 places)**

*Fun film sessions, followed by a team quiz /skills challenge*

**Murder, Mystery & Mayhem – Miss Naish & Mr Bolton – £5 per day (Thursday) (only 20 places available and you shouldn’t opt for this if you did it last year)**

*How would you like to be Sherlock Holmes for the day? This is an exciting day full of problem solving, activities and FUN.*

**Newsdesk – Mr Bonner & Niamh Macken – no cost (Thursday) (only 20 places available**

*Be a journalist, editor, designer or paparazzi for the day! Find out what’s going on around school and report the breaking news!!*

**Pony Day / Riding – Mrs Moreton – £50 (Thursday) (only 12 places available)**

*A full day of horsing around in the Manx countryside. Including horse management, grooming and tacking up, followed by a good trek on the off road trails around the beautiful Hills of Little London, Cronk-y-Voddy. You do not need to be an experienced rider as beginners welcome.*

**Southern 100 Racing – Mrs Parish – £15 (Thursday) (25 places)**

*A chance to watch and experience the atmosphere of high powered motor bike racing and see some of the fastest road racers in the world!! The trip will take in the morning action, as well as a chance to soak up the atmosphere as the riders prepare.*

**Sports Camp –– No cost - (Thursday) (40 places)**

*Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.*

**Wild about Woodlands – Manx Wildlife Trust – No cost (Thursday) (only 20 places available)**

*Join the Manx Wildlife Trust to explore Claughbane woodlands and get a little bit wild! The day will include stream dipping for invertebrates and bug hunting amongst the leaf litter on the woodland floor. Then we will move onto the plantation to create some dens from natural materials and explore woodland art and craft creating tree trunk faces (Good for scaring people!), brushwood sculptures and use the branches for weaving sculptures. A great day out to enjoy the fresh air and be active whilst experiencing and learning about the natural world. Please bring along wellies for the stream dipping and sturdy shoes to change into for the plantation work. You will also need plenty of layers of clothing so you can adjust for the weather.*

**FRIDAY 12th July 2019**

**A Day Out at the Seaside! – Manx Wildlife Trust – No cost (Monday) (only 20 places available)**

*Join the Manx Wildlife Trust and explore the sea shore creatures on the North shore of Ramsey. Remember when you used to rock pool when you were smaller? Why not revisit it and find out a bit more about the extraordinary creatures that inhabit this area. Have a picnic at the park and then become a crew member of Ramsey RNLI for the afternoon. Experience the different roles which the crew have by hands-on experiences throwing heaving lines, recovering casualties. Learn more about the lifeboat with a tour and challenge yourself to do something more unusual. Please wear wellies for the rock pooling and bring along sturdy shoes to change into for the lifeboat experience.*

**Ardwhallan - Centre Day– Mr Radford - £24 (Friday) (12 places)**

*Multi activities Assault course, Archery, Bushcraft, a little bit of everything. The Centre is set in the hills of West Baldwin and we are able to offer many activities due to the close proximity of operating areas.*

**Army Cadet Day –- (Friday) no cost (30 places)**

*This day is perfect for those who like being outdoors! Based in an outdoor scenario here will be cooking outside, orienteering and problem solving tasks.*

**Arts and Crafts – In school – Ms Mellors- £2 (Friday) (only 20 places available)**

*Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you .*

**Beachbuddies Beachclean – Mr Ward – no cost (Friday) (only 30 places available)**

*Working with Beachbuddies, help our environment and clean the beach before enjoying beach games and activities*

**Harry Potter Day – Mrs Parish – no cost (Friday) (only 20 places available)**

*Do you love all things Harry Potter? Then this is the day for you! Come join us for a wizarding day of enchantment including treasure hunts, quizzes, games, competitions,  Harry Potter themed food, make your own wand and of course, maybe a Harry Potter film or two!!*

**Hot Rocks Climbing – Mrs Eyres – £15 (Friday) (only 15 places available)**

*Fantastic day at Hot Rocks in Douglas with numerous activities including Rope climbing, Belaying, Bouldering, Spotting and Rope Traverse.*

**Laxey Taxi – Mr Mortimer – (Friday) £3 (Bring your lunch and plenty to drink) (20 places)**

*Starting the day with a sausage butty and a bus ride to Laxey. This is a fantastic 10 mile hike from Laxey to Ramsey via the Mountain Box, taking in some stunning views and hearing about the history of the silver mine. Bring water and a packed lunch*

**Making a Handbag (2 day activity) – Mrs Bell - free activity (Friday) (12 places)**

*Spend 2 days making yourself a beautiful handmade handbag to take home. Great relaxing day enjoying your creativity*

**Movie Day – Mrs Kneen - No cost (Friday) (maximum of 20 places)**

*Fun film sessions, followed by a team quiz /skills challenge*

**Murder, Mystery & Mayhem – Miss Naish & Mr Bolton – £5 per day (Friday) (only 20 places available and you shouldn’t opt for this if you did it last year)**

*How would you like to be Sherlock Holmes for the day? This is an exciting day full of problem solving, activities and FUN.*

**Newsdesk – Mr Bonner & Niamh Macken – no cost (Friday) (only 20 places available)**

*Be a journalist, editor, designer or paparazzi for the day! Find out what’s going on around school and report the breaking news!!*

**Sports Camp –– No cost - (Friday) (40 places)**

*Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.*

**Wildlife Park – Mr Dewick - £5 - (Friday) (40 places)**

*An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park - beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring a packed lunch although there is a shop on site. The walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.*

Standalone 2019: On-island Programme

Monday 08th July 2019 marks the beginning of Standalone Week and with it an opportunity for you to design your own week of activities. This year’s list is better than ever so get involved and be a part of it!

The grid below shows which activities are available (please see list explaining each activity in detail). Some activities involve a small cost (payable in advance). All activities are for mixed year groups.

If you wish to know more about a particular activity, please see the member of staff in charge. Any other questions can be directed to Mr Corrin.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Interest** | **Monday 08/07/18** | **Cost** | **Tuesday 9/07/18** | **Cost** | **Wednesday 10/07/18** | **Cost** | **Thursday 11/07/18** | **Cost** | **Friday 12/07/18** | **Cost** |
| **Active** | Bowling / Laserblast  | £15 | Snaefell Descent  | £3 | Bowling / Laserblast  | £15 | Pony Day / Riding  | £50 | Laxey taxi  | £3 |
| Wellbeing, Yoga & Mindfulness | £0 | Hot Rocks Climbing | £15 | Hot Rocks Climbing  | £15 |   |   | Hot Rocks Climbing | £15 |
| **Craft** | Arts and Crafts  | £2 | Arts and Crafts  | £2 | Arts and Crafts | £2 | Arts and Crafts  | £2 | Arts and Crafts  | £2 |
|   |   | Just Sew | £0 |   |   |   |   |   |   |
| **Challenge** |   |   |   |   | Exit Strategy  | £25 | Exit Strategy | £20 | Army Cadet | £0 |
| **Creative** | Make a Play in a Day | £0 | Make a Play in a Day | £0 | Pottery painting at Craftworks  | £20 |   |   | Making a Handbag | £0 |
| Horrible Histories meets Eastenders!! 2 day activity   | £0 |   |   |   |   |   |   |
| **Curio** | Newsdesk | £0 | Newsdesk | £0 | Newsdesk | £0 | Newsdesk | £0 | Newsdesk | £0 |
|   |   | Tynwald | £0 |   |   |   |   | Harry Potter Day | £0 |
| **Food** | Baking fun! – bread making, cakes & cookies. | £10 |   |   | Afternoon Tea  | £5 | Cook a 3 course meal for under a fiver | £5 |   |   |
| **Movies** |   |   | Movie Day | £0 | Movie Day | £0 | Movie Day |   | Movie Day | £0 |
| **Mystery** | Murder, Mystery & Mayhem | £5 | Murder, Mystery & Mayhem | £5 | Murder, Mystery & Mayhem  | £5 | Murder, Mystery & Mayhem | £5 | Murder, Mystery & Mayhem | £5 |
| **Nature** | Calf trip  | £24 | Calf trip | £24 | Calf trip  | £24 | Calf trip | £24 |   |   |
| Fly fishingyr7&8 only | £0 | Wildlife park  | £5 |   |   | Fly fishing [BE] (free) yr7&8 only | £0 | Wildlife park  | £5 |
|  |  |   |   |   |   | Manx Wildlife Trust WILD ABOUT WOODLANDS  | £0 | Beachbuddies Beachclean | £0 |
| MWT DAY AT THE SEASIDE! (Rock pooling) | £0 |
| **Outdoor** | VENTURE programme | £24 | Ardwhallan - Sea Safari | £24 | Ardwhallan - Rock World  | £24 | Ardwhallan -Coasteer 360'  | £24 | Ardwhallan - Centre Day  | £24 |
| **Social** | Girls day | £5 |   |   |   |   | Girls day | £5 | Girls day | £5 |
|   |   | Gaming |   |   |   | Gaming |   |   |   |
| **Sport** | Sports Camp | £0 | Sports camp | £0 | Sports Camp | £0 | Sports camp | £0 | Sports camp | £0 |
|   |   |   |   |   |   | Southern 100  | £0 |   |   |

As the **numbers on each activity are limited**, choosing what to do does not guarantee a place but we will **try** to accommodate your wishes. Please ensure that you have entered an activity for each day. If you know you are going to be absent on any day – please indicate with an “ab” for that particular day. Unless indicated lunchtime will be between 12:00 and 13:00 at school. The West dining room will operate a reduced service.

**Please enter your choices on the next page and return them to the East office not later than the morning of Friday 26th April 2019. Thank you**

|  |
| --- |
| Student Name: ………………………………………………………………………………………………. Tutor Group: ……………… |

|  |  |  |
| --- | --- | --- |
|  | Activity | Cost |
| Monday |  |  |
| Tuesday |  |  |
| Wednesday |  |  |
| Thursday |  |  |
| Friday |  |  |
| Total to pay |  |

Parent/Carer signature: ……………………………………………………………

|  |
| --- |
| This slip, along with any payment, to be returned to Mrs Kelly in the East Office **no later than** **Friday 26th April 2019**. Cheques made payable to Ramsey Grammar School. Should you wish to spread the cost over a few months, the final payment must be received at the Ramsey Grammar School East office by 1pm on Thursday 23rd May 2019. PLEASE NOTE that there are a limited number of spaces available on each activity and the seat/place will only be guaranteed once full payment has been received. |