

## Standalone 2024 Programme (Year 7 – Y10)

We are excited to be launching the return of our Standalone week, which takes place from Tuesday 9th July- Friday 12<sup>th</sup> July 2024. During the week you will have the opportunity to design your own week of activities.

The information below shows which activities are available. Some activities involve a cost (payable in advance, once places are confirmed). Most activities are for mixed year groups.

If you wish to know more about a particular activity, please see the member of staff in charge. Any other questions can be directed to Mr Eyres via <u>Rgsenquiries@sch.im</u>

#### Selecting your activities

As the **numbers on each activity are limited**, choosing what to do does not guarantee a place, but we will **try** to accommodate your wishes.

Click <u>this link</u> or visit the website and click on the newsflash banner at the top to register for your activities and follow the instructions on the form. When selecting your option, please only write the activity number e.g. Activity 7, rather than writing the full name of the activity.

We have a tight turn around on the selection process for activities, therefore, we would appreciate your option choices to be returned by Thursday 20<sup>th</sup> June, with final payments for activities made by July 5<sup>th</sup>. This will give us time to organise the payments on ParentPay once places are confirmed.

# Standalone 2024

### Activity List

## **TUESDAY 9th July 2024**

- Activity 1- Ardwhallan Activity Challenge Day– Mr Keenan and Mr Moffatt £15 (15 places) Yes, a whole day of adventure activities. Test yourself against the Adventure course, problem solving field, orienteering course and develop your bush craft skills.
- Activity 2- Bowling/Laserblast/Roller Skating Mr Whiting & Mr Dewick £22 (40 places) You will start with a bus ride up to the fun barn and then take part in their 3 activities (packed lunch required).

#### Activity 3- Venture Centre Multi Activity Day – Mr Wilson - £28 (15 places)

Spend the day taking part in Paddle Sports, the Assault Course and Crossbow Shooting with the venture centre staff. Transport will be provided to and from the activities. Bring a packed lunch, spare clothes, towel and spare footwear (old trainers).

#### Activity 4- Arts and Crafts- Miss Teare- £2 (20 places)

Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learning the art of using things we have around the home to make a project of your choice to take home with you.



#### Activity 5- Pampering Day – Mrs Rousseau– £5 (16 places)

Calling all girls - fancy a day's pampering? Make up and nail painting demonstrations followed by a chance to have a go yourself. Also, hand massage. Sound good? Just bring some nail varnish, make-up and your packed lunch!

#### Activity 6- Calf Boat Trip (Year 10 only) – Mr Judd- £36 (10 places)

A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, risso's dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing. This will be opened to the students with the most house points first.

## Activity 7- Drama Workshop (2 days – Tuesday and Wednesday) – Mrs Dunne – No Cost (15 places)

One full day of games and drama activities including creating characters and devising scenes.

#### Activity 8- Golf- Mr Leech- £5 (12 places)

Spend the day learning how to master you game on the practice ground at Ramsey Golf Club under the careful tuition of Alyn Lange, golf professional. In the afternoon test your game on a few holes. A packed lunch is required

#### Activity 9- Sports Camp - No cost (80 places)

Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.

#### Activity 10- Mobile Makeover Project – Mrs Macken & Mr Ricketts – no cost (25 places)

Spend the day putting a student touch to the mobile on the West fields. This project will help bring to life our mobile, creating a bright and colourful environment, which will great you as you approach the West fields. Don't forget to bring some clothes which you don't mind getting some paint on!

#### Activity 11- Newsdesk – Miss Brown & Mrs Jones – No cost (20 places)

You will spend the day reporting on Standalone activities and producing a publication to be shared on the school website.

#### Activity 12- Baking Fun – Mrs Byrne – £10 (15 places)

Make baking fun! We are going to chill out and make some tasty treats including sticky cinnamon swirls, gooey chocolate brownies and oaty cookies.

Activity 13- Detective For The Day- Mr Owen and Mrs Dunne -No cost (20 places) Turn detective and help DCI Dunne and PC Owen solve a daring diamond heist.

## Activity 14- Movie Day – Mrs Kneale - No cost (20 places)

Fun film sessions, followed by a team quiz /skills challenge.

#### Activity 15- Just Sew - Mrs Harrison – No cost (12 places)

Spend a relaxing day making a small, decorative felt ornament. All materials will be provided, but feel free to bring any decorative items you may want to include.

#### Activity 16- Board Gaming Day – Miss Brown – No cost (20 places)

Fun Board games, chess, jigsaw and console competition

#### Activity 17- Wildlife Park – Miss Crocker - £5 (40 places)

An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park Beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring packed lunch although there is a shop on site. The



walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.

#### Activity 18- Build a Band- Mr Brough and Ms Will- No cost (20 places)

Spend the day becoming a rock star, learning how to create a musical rock masterpiece as part of a band. Once complete you will record your song to keep forever.

#### Activity 19- A Day on the School Farm- Miss Arthur (20 places)

Get stuck into the projects that have been developed this year on our school farm. Help to make a difference in this amazing department.

#### Activity 20- Art Mosaic Project- Miss Johnson- No cost (25 places)

Help to create our own piece of RGS History as we develop the new House emblems created by students as part of their Art Homework. These will be displayed at the entrance of the West building and become a part of Ramsey in the years to come.

#### Activity 21- Computer Gaming Day- Mr Dunning (40 places)

Spend the day challenging each other across a number of gaming platforms. Use the projector screens for enhanced game play and see who comes out on top

#### Activity 22- Mountain Biking- Mr Hindle- No cost (15 places)

Bring a packed lunch and drink in a rucksack. Please also make sure your bike is in good working order.

Enjoy a day out on the local hills, following a series of local trails and taking in some of the beautiful Northern scenery.

#### Activity 23- Manx Media Mayhem- Miss Spooner- £10 for the 3 days (30 places)

This is a 3-day activity with the English team. Day 1- travel to Douglas and take part in a workshop where you will learn the basics of video editing to help get you started on your project. Day 2- Get your brief to design a video showing how we at Ramsey Grammar School can support our community and look after our environment. Spend time at the beach interviewing and filming the Beach Buddies team in action. Day 3- Develop your ideas about how we can support the community and complete the final editing before the big movie reveal in the afternoon. This promises to be an action packed and fun filled few days, you may even manage to get an ice cream or two!

A packed lunch will be needed for each day

#### Activity 24- Football Camp- No cost (50 places)

Spend the day improving, developing and refining your footballing talent. Coaching during the day, with some matches during the afternoon.

#### Activity 25- Geologist For The Day-No cost- (30 places)

Enjoy a day completing a day of Geology fieldwork, learning more about our unique Northern coastline. Bring a packed lunch

#### Activity 26- Tynwald and the Manx Museum – Mr Davies – no cost (20 places)

After catching the bus to Douglas you will visit the Manx Museum, followed by lunch (hopefully in the sun) and a tour of the Tynwald chambers. A packed lunch is required for this trip.

## WEDNESDAY 10th July 2024

#### Activity 1- Ardwhallan Activity Challenge Day– Mr Keenan and Mr Moffatt - £15 (30 places) Yes, a whole day of adventure activities. Test yourself against the Adventure course, problem solving field, orienteering course and develop your bush craft skills.



#### Activity 2- Bowling/Laserblast/Roller Skating – Mr Whiting & Mr Dewick - £22(40 places)

You will start with a bus ride up to the fun barn and then take part in their 3 activities (packed lunch required).

#### Activity 3- Venture Centre Multi Activity Day – Mr Wilson - £28 (15 places)

Spend the day taking part in Axe Throwing, Coasteering and Archery with the venture centre staff. Transport will be provided to and from the activities. Bring a packed lunch, spare clothes, towel and spare footwear (old trainers).

#### Activity 4- Afternoon tea day – Mrs Teare - £5 (15 places)

Bake and make your own afternoon tea to eat. After tidying up there will be time to play a game or watch a DVD.

#### Activity 5- Pampering Day – Mrs Rousseau– £5 (maximum of 16 places)

Calling all girls - fancy a day's pampering? Make up and nail painting demonstrations followed by a chance to have a go yourself. Also, hand massage. Sound good? Just bring some nail varnish, make-up and your packed lunch!

#### Activity 6- Calf Boat Trip (Year 8 only) – Mr Judd- £36 (10 places)

A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, risso's dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing. This will be opened to the students with the most house points first.

#### Activity 7- Golf- Mr Leech- No Cost (12 places)

Spend the day learning how to master you game on the practice ground at Ramsey Golf Club under the careful tuition of Alyn Lange, golf professional. In the afternoon test your game on a few holes. A packed lunch is required.

#### Activity 8- Mobile Makeover Project – Mrs Macken & Mr Ricketts – no cost (25 places)

Spend the day putting a student touch to the mobile on the West fields. This project will help bring to life our mobile, creating a bright and colourful environment, which will great you as you approach the West fields. Don't forget to bring some clothes which you don't mind getting some paint on!

#### Activity 9- Movie Day – Mrs Kneale - No cost (20 places)

Fun film sessions, followed by a team quiz /skills challenge.

#### Activity 10- Newsdesk – Miss Brown & Mrs Jones – No cost (20 places)

You will send the day reporting on Standalone activities and producing a publication to be shared on the school website.

## Activity 11- Pottery Painting at ArtReach Studios, Peel - Mrs Davies – £25 (48 places)

We are going to catch the bus to Peel and back, an adventure in itself!! Paint a piece of pottery of your choice, bring a packed lunched to take to the beach (or studio if raining) & snacks to eat whilst we are being creative. A thoroughly relaxing day out with your creative friends

#### Activity 12- Arts and Crafts – Ms Mellors- £2 (20 places)

Have a fun day (or join for the week should you wish) trying different crafts such as knitting, crochet and learn the art of using things we have around the home to make a project of your choice to take home with you.

#### Activity 13- Bowling/Laserblast/Roller Skating – Mr Whiting & Mr Dewick - £22 (40 places) You will start with a bus ride up to the fun barn and then take part in their 3 activities (packed lunch required).

#### Activity 14- Wildlife Park – Miss Crocker - £5 (40 places)

An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park



Beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring packed lunch although there is a shop on site. The walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.

#### Activity 15- Sports Camp - No cost (80 places)

Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.

#### Activity 16- Build a Band- Mr Brough and Ms Will- No cost (20 places)

Spend the day becoming a rock star, learning how to create a musical rock masterpiece as part of a band. Once complete you will record your song to keep forever.

#### Activity 17- A Day on the School Farm- Miss Arthur (20 places)

Get stuck into the projects that have been developed this year on our school farm. Help to make a difference in this amazing department.

#### Activity 19- Exit Strategy – Ms Jimenez – £26 (24 places)

The activity will take place at the Exit Strategy in Douglas. This is an exciting activity that has come to the Isle of Man. You will attempt to escape one of the rooms during the activity by completing different challenges and solving clues. You will be required to bring a packed lunch on this activity.

#### Activity 19- Newsdesk – Miss Brown & Mrs Jones – No cost (20 places)

You will send the day reporting on Standalone activities and producing a publication to be shared on the school website.

#### Activity 20- Art Mosaic Project- Miss Johnson - No cost (25 places)

Help to create our own piece of RGS History as we develop the new House emblems created by students as part of their Art Homework. These will be displayed at the entrance of the West building and become a part of Ramsey in the years to come.

#### Activity 21- Snaefell Descent – Mr Mortimer - £6 (20 places)

Enjoy the beauty of our island with the Walk from Snaefell. Starting the day with a sausage butty and a tram ride to Laxey and on to Snaefell Summit. After a brief stop on the summit to take in the view we head down to the Black Hut and then up onto the North Barrule ridge. Walking along the ridge to North Barrule we head back into Ramsey via Ballure Reservoir and then Crossags and into RGS. A total of almost 8 miles with 1200ft of ascent and 3200ft of descent. Bring water and a packed lunch.

#### Activity 22- Mountain Biking- Mr Hindle- No cost (15 places)

Bring a packed lunch and drink in a rucksack. Please also make sure your bike is in good working order.

Enjoy a day out on the local hills, following a series of local trails and taking in some of the beautiful Northern scenery.

#### Activity 23- Manx Media Mayhem- Miss Spooner- £10 for the 3 days (30 places)

This is a 3-day activity with the English team. Day 1- travel to Douglas and take part in a workshop where you will learn the basics of video editing to help get you started on your project. Day 2- Get your brief to design a video showing how we at Ramsey Grammar School can support our community and look after our environment. Spend time at the beach interviewing and filming the Beach Buddies team in action. Day 3- Develop your ideas about how we can support the community and complete the final editing before the big movie reveal in the afternoon. This promises to be an action packed and fun filled few days, you may even manage to get an ice cream or two!

A packed lunch will be needed for each day



#### Activity 24- Football Camp- No cost (50 places)

Spend the day improving, developing and refining your footballing talent. Coaching during the day, with some matches during the afternoon.

## THURSDAY 11th July 2024

#### Activity 1- Ardwhallan Activity Challenge Day– Mr Keenan and Mr Moffatt - £15 (30 places) Yes, a whole day of adventure activities. Test yourself against the Adventure course, problem solving field, orienteering course and develop your bush craft skills.

#### Activity 2- Bowling/Laserblast/Roller Skating – Mr Whiting & Mr Dewick - £21 (40 places) You will start with a bus ride up to the fun barn and then take part in their 3 activities (packed lunch required).

#### Activity 3- Venture Centre Multi Activity Day – Mr Wilson - £28 (15 places)

Spend the day taking part in High Ropes, Abseiling and Air Rifle Shooting with the venture centre staff. Transport will be provided to and from the activities. Bring a packed lunch.

#### Activity 4- Calf Boat Trip (Year 9 only) – Mr Judd- £36 (10 places)

A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, risso's dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing. This will be opened to the students with the most house points first.

#### Activity 5- Pampering Day – Mrs Rousseau– £5 (16 places)

Calling all girls - fancy a day's pampering? Make up and nail painting demonstrations followed by a chance to have a go yourself. Also, hand massage. Sound good? Just bring some nail varnish, make-up and your packed lunch!

#### Activity 6- Liverpool Day Out- Mrs Davies- £80 (150 places)

Take the 07:15 ferry to Liverpool for a day away and return on the 19:15 back to the Island. During the day we will split into groups (your choice of activity) to include an Anfield tour, Shopping, Cinema, Trampoline Park, Climbing Wall and Art Gallery.

#### Activity 7- Golf- Mr Leech- No Cost (12 places)

Spend the day learning how to master you game on the practice ground at Ramsey Golf Club under the careful tuition of Alyn Lange, golf professional. In the afternoon test your game on a few holes. A packed lunch is required

#### Activity 8- Movie Day – Mrs Kneale - No cost (20 places)

Fun film sessions, followed by a team quiz /skills challenge.

#### Activity 9- Newsdesk – Miss Brown & Mrs Jones – No cost (20 places)

You will send the day reporting on Standalone activities and producing a publication to be shared on the school website.

#### Activity 10- Just Sew - Mrs Harrison – No cost (12 places)

Spend a relaxing day making a small, decorative felt ornament. All materials will be provided, but feel free to bring any decorative items you may want to include.

#### Activity 11- Pony Day / Riding – Mrs Moreton – £50 (12 places)

A full day of horsing around in the Manx countryside. Including horse management, grooming and tacking up and a riding lesson in the morning, followed by a good trek on the off-road trails around the beautiful Hills of Little London, Cronk-y-Voddy. You do not need to be an experienced rider as beginners welcome.



#### Activity 12- Wildlife Park – Mr Barlow - £5 (40 places)

An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park - beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring packed lunch although there is a shop on site. The walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.

#### Activity 13- Build a Band- Mr Brough and Ms Will- No cost (20 places)

Spend the day becoming a rock star, learning how to create a musical rock masterpiece as part of a band. Once complete you will record your song to keep forever.

#### Activity 14- A Day on the School Farm- Miss Arthur (20 places)

Get stuck into the projects that have been developed this year on our school farm. Help to make a difference in this amazing department.

#### Activity 15- Art Mosaic Project- Miss Johnson - No cost (25 places)

Help to create our own piece of RGS History as we develop the new House emblems created by students as part of their Art Homework. These will be displayed at the entrance of the West building and become a part of Ramsey in the years to come.

#### Activity 16- Exit Strategy – Mr Dewick – £26 (24 places)

The activity will take place at the Exit Strategy in Douglas. This is an exciting activity that has come to the Isle of Man. You will attempt to escape one of the rooms during the activity by completing different challenges and solving clues. You will be required to bring a packed lunch on this activity.

#### Activity 17- Board Games Day – Miss Ball – No cost (20 places)

Board games, chess, jigsaw and console competition

#### Activity 18- Sports Camp - No cost (80 places)

Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.

#### Activity 19- Movie Day – Mrs Kneale - No cost (20 places)

Fun film sessions, followed by a team quiz /skills challenge.

#### Activity 20- Fly fishing – Mr Eyres– No cost (8 places)

There is only space for 6 students so get in quickly. There will be some casting lessons in the morning and then we will walk to the reservoir for a spot of fishing and return to school at the end of the day. Students will need a packed lunch. In order to this to be a free activity students will have to be from yr. 7 and 8 (as they get a free fishing licence.)

#### Activity 21- Manx Media Mayhem- Miss Spooner- £10 for the 3 days (30 places)

This is a 3-day activity with the English team. Day 1- travel to Douglas and take part in a workshop where you will learn the basics of video editing to help get you started on your project. Day 2- Get your brief to design a video showing how we at Ramsey Grammar School can support our community and look after our environment. Spend time at the beach interviewing and filming the Beach Buddies team in action. Day 3- Develop your ideas about how we can support the community and complete the final editing before the big movie reveal in the afternoon. This promises to be an action packed and fun filled few days, you may even manage to get an ice cream or two!

A packed lunch will be needed for each day

#### Activity 22- Football Camp- No cost (50 places)

Spend the day improving, developing and refining your footballing talent. Coaching during the day, with some matches during the afternoon.



## FRIDAY 12th July 2024

#### Activity 1- Ardwhallan Activity Challenge Day– Mr Keenan and Mr Moffatt - £15 (30 places)

Yes, a whole day of adventure activities. Test yourself against the Adventure course, problem solving field, orienteering course and develop your bush craft skills.

#### Activity 2- Venture Centre Multi Activity Day – Mr Wilson - £28 (15 places)

Spend the day taking part in Gorge Walking, Crate Stacking and Archery with the venture centre staff. Transport will be provided to and from the activities. Bring a packed lunch, spare clothes, towel and spare footwear (old trainers).

#### Activity 3- Pampering Day – Mrs Rousseau– £5 (16 places)

Calling all girls - fancy a day's pampering? Make up and nail painting demonstrations followed by a chance to have a go yourself. Also, hand massage. Sound good? Just bring some nail varnish, make-up and your packed lunch!

#### Activity 4- Calf Boat Trip (Year 7 only) – Mr Judd- £36 (10 places)

A 3 hour boat trip from Port St Mary circumnavigating the Calf of Man in search of seabirds, basking sharks, risso's dolphins, harbour porpoises and seals. Students will also get a chance to pull up some lobster pots and have a closer look at these beautiful animals. In addition, you will get the chance to do a spot of fishing. This will be opened to the students with the most house points first.

#### Activity 5- Golf- Mr Leech- No Cost (12 places)

Spend the day learning how to master you game on the practice ground at Ramsey Golf Club under the careful tuition of Alyn Lange, golf professional. In the afternoon test your game on a few holes. A packed lunch is required

#### Activity 6- Yoga, Wellbeing & Mindfulness – Mrs Corrin – no cost (12 places)

Look after yourself. Spend the day learning and enjoying activities for the mind, body and soul.

#### Activity 7- Movie Day – Mrs Mitchell - No cost (20 places)

Fun film sessions, followed by a team quiz /skills challenge.

#### Activity 8- Newsdesk – Miss Brown & Mrs Jones – No cost (20 places)

You will send the day reporting on Standalone activities and producing a publication to be shared on the school website.

#### Activity 9- Board Gaming Day – Mr Dunning – No cost (20 places)

Fun Board games, chess, jigsaw and console competition

#### Activity 10- Wildlife Park – Mr Dewick - £5 (40 places)

An opportunity to enjoy a fascinating tour of the Curraghs Wildlife Park Beginning with a hearty stroll to the Park itself, students will have the opportunity to spend few hours observing many of the famous animals, birds and reptiles from around the world. In the afternoon, students will embark on a quiz themed trek of the park, with a shop for refreshments along the way. Ideally bring packed lunch although there is a shop on site. The walk is about an hour and a half long at a hearty pace, so appropriate clothing and shoes required. We will get a bus back to school at the end of the afternoon.

#### Activity 11- A Day on the School Farm- Miss Arthur (20 places)

Get stuck into the projects that have been developed this year on our school farm. Help to make a difference in this amazing department.



#### Activity 12- Art Mosaic Project- Miss Johnson - No cost (25 places)

Help to create our own piece of RGS History as we develop the new House emblems created by students as part of their Art Homework. These will be displayed at the entrance of the West building and become a part of Ramsey in the years to come.

#### Activity 13- Snaefell Descent – Mr Mortimer - £6 (20 places)

Enjoy the beauty of our island with the Walk from Snaefell. Starting the day with a sausage butty and a tram ride to Laxey and on to Snaefell Summit. After a brief stop on the summit to take in the view we head down to the Black Hut and then up onto the North Barrule ridge. Walking along the ridge to North Barrule we head back into Ramsey via Ballure Reservoir and then Crossags and into RGS. A total of almost 8 miles with 1200ft of ascent and 3200ft of descent. Bring water and a packed lunch.

#### Activity 14- Sports Camp - No cost (80 places)

Sign up to the RGS Sports Camp. Try a range of exciting sports and activities that perhaps you have never tried before.

#### Activity 15- Cook a 3 course meal for a Fiver – Mrs Byrne – £5 (12 places)

During the day you will have the opportunity to cook a 3 course meal and then eat it at lunch time. Menu choices will include homemade pizza, homemade sponge pudding and custard. Students will calculate the cost of the meal and prepare the meal throughout the day.

#### Activity 16- Army Cadet Day - (30 places)

This day is perfect for those who are interested in a career in the forces. We will run a range of activities throughout the day, including Archery, first aid, military skills and command tactics

#### Activity 17- Football Camp- No cost (50 places)

Spend the day improving, developing and refining your footballing talent. Coaching during the day, with some matches during the afternoon.