



*Headteacher
Ard-er-ynsee
Mrs S Taylor*

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2nd July 2024

Re: Standalone Mountain Biking - Tuesday 9th July 2024 and/or Wednesday 10th July 2024

Dear Parent/carer

Many thanks for your son/daughter signing up for this year's MTB outing. I'd like to take this opportunity to provide an outline for the day(s) and request the appropriate medical and contact information.

In the past, we have been very fortunate, taking several trips away to Trail Centres in both North Wales and the Lake District. As we rebuild our Standalone offering, following the disruption of recent years, we are starting with a nice, gentle activity for this year. The plan is to follow the railway line down towards Peel, have a spot of lunch and potter back. We may head outwards via Sky Hill and drop down into Sulby. Due to the constraints of risk assessments, etc, we will not be doing anything extreme, no 6ft drop-offs!

In advance, I have two essential requests:

- 1) Please ensure that your son's/daughter's bicycle is in appropriate condition. Any mechanical breakdowns are very problematic when we have a group of school children to manage, and a thorough equipment check in advance is essential, including any required spares, such as an inner tube. The railway line can be thorny in places, be prepared!
- 2) Please provide contact details and medical requirements via ParentPay. This is a legal requirement for all off-site visits.

The plan for both days is to meet at school at 8.50am at the tennis courts, complete with a packed lunch for the day, returning in time for the end of school. The usual advice applies for weather conditions, sun cream, water, medication, small amount of cash etc.

Helmets are to be worn at all times whilst cycling, this is non-negotiable.

As always, we expect the very highest standards of behaviour on all RGS activities. Any problematic behaviour will result in parents being contacted to collect their son/daughter.

I anticipate an excellent day(s) out in the lovely Manx countryside, blessed with warm sunshine and a cool breeze.

Could I please request completion of the consent forms, and I look forward to seeing everyone on Tuesday 9th July and/or Wednesday 10th July.

Kind regards

Mr C Hindle
Trip Leader