



Year 7 PE rota 22-23	Activity 1 starts	Activity 2 starts	Activity 3 starts	Activity 4 starts
	10 th October 2022	21 st November 2022	9 th January 2023	13 th February 2023
Group 1	Swimming	Handball	Gymnastics	Fundamentals
Group 2	Fundamentals	Swimming	Handball	Gymnastics
Group 3	Gymnastics	Fundamentals	Swimming	Handball
Group 4	Handball	Gymnastics	Fundamentals	Swimming

Students have been assigned a group, details of which can be found in the PE changing rooms.

PE lessons in Year 7 are taught mixed sex.

n.b - For swimming lesson students will require swimming costumes, towels etc.

Year 8 PE rota 22-23	Activity 1 starts	Activity 2 starts	Activity 3 starts	Activity 4 starts
	10 th October 2022	21 st November 2022	9 th January 2023	13 th February 2023
Boys 1	Swimming	Gym/parkour	Handball	Hockey
Boys 2	Gym/parkour	Swimming	Hockey	Handball
Girls 1	Handball	Football	Swimming	Gym/fitness
Girls 2	Football	Handball	Gym/fitness	Swimming

Students have been assigned a group, details of which can be found in the PE changing rooms.

PE lessons in Year 8 are taught single sex.

n.b - For swimming lesson students will require swimming costumes, towels etc.