



3rd September 2024

Northern 6 Day 2024

Dear Parents/Carers

On Wednesday 11th September 2024 we are hosting our annual Northern 6 Day for all Year 7 students. This is an opportunity for coaches and representatives from sports clubs in the north of the island to visit our school to offer training sessions. The sports that your child will participate in include Cricket, Rugby, Handball, Netball, Hockey and Badminton.

Students should arrive at school on Wednesday morning in their PE kit. They are to register in the Sports Hall at 8.45am and NOT with their tutor. They will stay in their tutor group for the entire day, rotating around the various sports sessions. All students should bring a waterproof jacket, a hoodie or sports sweatshirt, and suitable footwear for indoors, astro and playing on grass. It is also recommended that they come with shin pads and a gum shield too.

Please note, students will require at least one indoor and one outdoor pair of shoes (I would suggest a pair of Astros and an indoor pair of trainers).

Students should also bring a bottle of water.

Any student who requires an asthma inhaler or other medication should ensure they have it with them during the day.

Your child will come home with information on training times and contacts for the clubs involved as it is hoped that the day will lead to students taking up new sports at school and/or club level, with resulting benefits.

We hope it will be an enjoyable and inspiring day for your child.

Yours sincerely

Mrs T Mooney
Head of Girls PE