



drop down day

Year 10

We are delighted to announce the details of this year's Drop Down Day for our Year 10 students, designed to enhance their regular PSHE provision.

Students will enjoy workshops delivered by professionals from local services (details of these workshops can be found to the right).

With a focus on themes of safety and wellbeing, these workshops aim to provide young people with the information and skills needed to stay healthy and make informed decisions as they navigate the challenges and opportunities of the years ahead.

Isle Listen

This session will focus on understanding 'emotional safety' and provide strategies for healthy coping and positive mental wellbeing.

Roads Policing Team

With many young people soon learning how to drive, this session explores how to be a responsible passenger, and how to keep safe on the island's roads.

Police Schools Team

In this workshop, young people will learn how to stay safe in relationships. This session will go over the signs of domestic abuse and the island's laws regarding abusive behaviour.

Motiv8

This session will explore the skills needed to navigate potentially risky situations involving substances, and methods of harm reduction.

Housing Matters

This workshop explores the complex causes of homelessness, focusing on solutions and prevention, including information and skills needed for young people to safely transition to independent living as they get older.

St John Ambulance/Manx Care

In this practical skills workshop, students will learn life saving techniques such as how to conduct a primary survey, how to perform CPR, and use of an AED.