



# Ramsey Grammar School

*Scoill Ghrammeydys Rhumsaa*

**Invest, Believe, Achieve Together**

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23<sup>rd</sup> September 2025

Dear Parents and Carers

## **PGE - Wednesday 1<sup>st</sup> October 2025**

As part of our ongoing commitment to supporting the personal development and wellbeing of our students, Year 11 will be watching a recent episode of *BBC Panorama* entitled "Britain's Ketamine Crisis" in PGE on Wednesday 1<sup>st</sup> October 2025.

This programme explores the growing use of ketamine amongst young people in the UK and its serious impact on health, wellbeing and future opportunities. With UK national data showing an increase in both recreational use and related health concerns we feel it is important that our students are given the opportunity to understand the risks and have open, informed discussions in a safe and supportive environment. This programme specifically focusses on the rise of use in the North-West region, our Island's closest neighbour.

The episode will form part of our PGE education programme. It will be followed by a structured discussion led by staff, giving students the chance to reflect on what they have seen and to ask questions. We will also be looking at the specific laws and statistics for the Island. The aim is not to sensationalise, but to raise awareness, encourage critical thinking and support students in making safe and informed choices.

We appreciate that the programme covers sensitive and potentially upsetting issues. If you would prefer that your child does not take part in this session, please contact myself by Friday 26<sup>th</sup> September and we will provide alternative space and work during this time.

If you would like more information about the content of the programme, it is available on the BBC iPlayer and if you have any concerns about your child's wellbeing, please do not hesitate to get in touch with us. Students will also be signposted to Local and National support services following our session.

Thank you for your continued support as we work together to prepare our students for the challenges they may face beyond school.

Yours sincerely

Emma Dyer  
Head of Year 11