



# Ramsey Grammar School

*Scoill Ghrammeydys Rhumsaa*

**Invest, Believe, Achieve Together**

RAMSEY  
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*Headteacher*

*Ard-er-ynsee*

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13<sup>th</sup> November 2025

Dear Parent/Carer

## **Year 9 Drop Down Day- Healthy Lifestyles**

I am pleased to let you know that we will be offering Year 9 students a drop-down day on Tuesday 18<sup>th</sup> November 2025. This is a day coordinated by DESC and involves a number of visiting agencies delivering topics to support positive, healthy life choices. Attached is a flyer to provide some more details.

If you have any questions regarding the format of the day and the content being delivered, please contact myself at the school or visit [DESC's PSHE Website](#).

Kind regards

Ben Eyres  
Deputy Headteacher

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