



# Ramsey Grammar School

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Dear Parents/Carers



### **Welcome to IGCSE Physical Education**

We would like to introduce ourselves and welcome both you and your child to IGCSE PE! We would like to share some information while drawing your attention to the opportunities available to your child and how you might be able to best support them in order to give them the greatest chance of maximising their potential come the exam in 2021.

As you will be aware from Year 9 Options Evening, we study the Cambridge IGCSE PE qualification. This course is 50% PE theory and 50% practical assessed coursework (4 activities) culminating in one exam paper to be sat in May/June 2021. The list of practical activities can be found overleaf. The specification that we study can be found here: <https://www.cambridgeinternational.org/Images/329721-2019-2021-syllabus.pdf>

The theory elements that we will study can be found on pages 10-25. Your child will also have an electronic version of this in their *Google Classroom*.

### **The Everlearner**

The Everlearner is our PE-specific online learning platform. The Everlearner contains videos, tutorials and exam questions linked to the iGCSE course. Your child will have a login unique to them allowing 24/7 access to revision and study content. The Everlearner can be accessed from laptops, tablets as well as any smart mobile device. Teachers will use The Everlearner to supplement teaching in class by setting a variety of tasks. We will also use The Everlearner to monitor each child's 'Independent Study'. This is study that students do outside of the classroom and something that you will be made aware of on your child's report. Since we have started using The Everlearner, we have seen a strong correlation between those students who utilise The Everlearner more regularly and higher examination grades.

### **Google Classroom & Google Mail**

Your child will be added to a Google Classroom managed by their theory teacher. Google Classroom is another online portal which can again be accessed anytime from laptops, tablets and smart mobile devices. Google Classroom/Mail will be used to communicate information and messages to students. Google Classroom is also where students can access the specific PowerPoints, videos and teaching resources used by their theory teacher in class.

### **PE Folders**

Students are expected to have a folder to keep their theory work in. The expectation is that this folder will be brought to every lesson. This can provide a vital source of revision materials for your child. Teachers will intermittently check student's folders to ensure work is being completed. Folder checks will also form part of your child's 'Independent Study'.

### **Revision Lessons**

Revision Lessons take place on Monday lunchtimes and Wednesday after school. These are open to any Year 10 and 11 students and will start immediately.

## Coursework lessons

Students receive one dedicated practical lesson per week. Students will participate in Handball & Weight Training for Fitness in these practical lessons which contributes towards their overall practical grade. Students will be expected to wear school PE kit for these lessons. Your support in ensuring active participation is welcomed. We offer a range of extra-curricular clubs such as badminton, athletics and table tennis. If students would like to be assessed practically for their GCSE, they are more than welcome to attend one of these clubs.

## GCSE PE kit

We offer a specific GCSE PE t-shirt in addition to your child's existing PE kit. This is an optional extra which has proved popular in the past. Order information will be given to your child in the near future.

## Practical videos

We are required to submit video evidence of practical activities. If your child is using an activity not offered in school it is important both them and yourself are familiar with what video evidence will be required. Activities such as horse riding, skiing, sailing, dance are all able to be assessed but it is the responsibility of the student to gather evidence and submit their videos to their teacher. Students will be provided with the specification of each activity on request.

We are proud of our recent successful GCSE and BTEC results and with your support, we look forward to helping your child achieve their best result possible.

Yours sincerely

Mr Keenan, Ms Bullock and Mr Ideson.

### *List of Practical Activities*

Categories	Physical activities	
<b>Games</b>	<ul style="list-style-type: none"><li>• Association Football</li><li>• Badminton</li><li>• Baseball, Rounders or Softball</li><li>• Basketball</li><li>• Cricket</li><li>• Golf</li><li>• Handball</li><li>• Hockey</li></ul>	<ul style="list-style-type: none"><li>• Lacrosse</li><li>• Netball</li><li>• Rugby League or Rugby Union</li><li>• Squash</li><li>• Table Tennis</li><li>• Tennis</li><li>• Volleyball</li></ul>
<b>Gymnastic Activities</b>	<ul style="list-style-type: none"><li>• Artistic Gymnastics (Floor and Vault) or Rhythmic Gymnastics</li><li>• Individual Figure Skating</li></ul>	<ul style="list-style-type: none"><li>• Trampolining</li></ul>
<b>Dance Activities</b>	<ul style="list-style-type: none"><li>• Dance</li></ul>	
<b>Athletic Activities</b>	<ul style="list-style-type: none"><li>• Cross-Country Running</li><li>• Cycling</li><li>• Rowing and Sculling</li></ul>	<ul style="list-style-type: none"><li>• Track and Field Athletics</li><li>• Weight Training for Fitness</li></ul>
<b>Outdoor and Adventurous Activities</b>	<ul style="list-style-type: none"><li>• Canoeing</li><li>• Hill Walking or Orienteering</li><li>• Horse Riding</li><li>• Mountain Biking</li></ul>	<ul style="list-style-type: none"><li>• Rock Climbing</li><li>• Sailing</li><li>• Skiing or Snowboarding</li><li>• Windsurfing</li></ul>
<b>Swimming</b>	<ul style="list-style-type: none"><li>• Competitive Swimming</li><li>• Life Saving or Personal Survival</li></ul>	<ul style="list-style-type: none"><li>• Water Polo</li></ul>
<b>Combat Activities</b>	<ul style="list-style-type: none"><li>• Judo or Taekwondo</li></ul>	

*n.b. Four practical activities must come from at least two of the seven categories.*